

Library

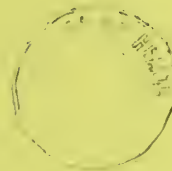
RURAL DISTRICT COUNCIL

OF

TELFISIDE, CARDIGANSHIRE

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT, 1960



MEDICAL OFFICER OF HEALTH:

Dulyn Thomas, M.B., Ch.B., D.P.H.

PUBLIC HEALTH INSPECTORS :

H.E. Williams, M.R.San.I., M.S.I.A.

D.J.A. Humphreys, M.R.San.I., M.S.I.A.

TEIFISIDE RURAL DISTRICT COUNCIL

CHAIRMAN

1959/60
Councillor Llewelyn Powell

1960/61
Councillor E.S. Davies

All matters dealing with Public Health are considered
by the whole Council which consists of 25 members.

Clerk of the Council: Mr. Francis T. George,
A.C.A., F.R.Econ.S.,
Brynderwen,
Adpar.

Telephone: Newcastle Emlyn 421.

To the Chairman and Members of the
Teifiside Rural District Council.

PREFACE

I have pleasure in presenting the Annual Report of the Health Department for the year ended 31st December, 1960.

The number of registered live births was one hundred and fifty-five, an increase of one on the figure for the previous year. There were no stillbirths. Seven children died under the age of twelve months, making the infant mortality rate per thousand live births 45.16. Most of these were due to prematurity and congenital malformations. No mother died as the result of childbirth.

The number of registered deaths was one hundred and fifty-seven, an increase of nineteen on the figure for 1959. Twenty-two persons died of cancer and ninety persons died of heart and circulatory diseases. The other deaths were due to a variety of causes including seven accidental deaths.

There was a fairly widespread epidemic of measles during the year - two hundred and twenty-four cases being notified. The only other cases of infectious diseases were six cases of scarlet fever and one case of pneumonia. There were six new cases of tuberculosis notified and two persons died of this disease.

A more detailed account of the work of the Health Department will be found in the ensuing pages, which include a portion prepared by Mr. H.E. Williams, the Senior Public Health Inspector.

During the early part of the year we welcomed Mr. D.J.A. Humphreys

as an additional Public Health Inspector. There is a considerable volume of work entailed in supplementing the provisions of various Acts dealing with Public Health and building matters.

During the year 1960, work continued on the joint sewerage and sewage disposal scheme for Llandysul and Pontwelly. Tests were carried out preparatory to commencing similar schemes for the villages of Aberporth, Tresaith and Llangrannog. We look forward to these very essential schemes for our coastal resorts.

I also look forward to the day when we can stop depositing refuse on the tip which adjoins the river Teifi and the Adpar Cwmcoy road.

I wish to express my thanks to you Mr. Chairman and Councillors for the continued interest which you take in Public Health matters.



Digitized by the Internet Archive
in 2016 with funding from
Wellcome Library

<https://archive.org/details/b2887920x>

SUMMARY OF GENERAL STATISTICS

Area (in acres)	73,102
Population (Census 1951)	10,432
Population (Registrar General's Mid-Year 1961)	10,240
Rateable Value at 1st April, 1960	£65,883
Rateable Value at 1st April, 1961	£66,914
Sum represented by a penny rate 1960/61	£257
Estimated sum to be obtained by a penny rate 1961/62	£261

SUMMARY OF VITAL STATISTICS

		<u>Total</u>	<u>Male</u>	<u>Female</u>
Number of registered live births	Leg:	146	78	68
	Illeg:	9	3	6
Number of registered still births	Leg:	9	3	6
	Illeg:	-	-	-
Number of deaths of infants under 1 year	Leg:	6	3	3
	Illeg:	1	1	-
Number of deaths of infants under 4 weeks	Leg:	4	2	2
	Illeg:	-	-	-
Number of deaths of women ascribed to childbirth			-	
Number of registered deaths			157	
Areal comparability factor for births			1.18	
Areal comparability factor for deaths			0.84	

Vital Statistics for the Area

with comparative figures for Cardiganshire and England and Wales where applicable.

	Teifiside Rural	Cardiganshire	England and Wales
No. of live births - male	81	362	
No. of live births - female	74	375	
Total number of live births	155	737	
Live birth rate per 1000 population	15.14	13.83	17.1
No. of stillbirths	9	20	
Stillbirth rate per 1000 live and still births	54.88	26.42	19.7
Infant deaths (under 1 year)	7	19	
Infant mortality rate per 1000 live births - total	45.16	25.78	23.2
Infant mortality rate per 1000 live births - legitimate	41.09	22.79	
Infant mortality rate per 1000 live births - illegitimate	111.11	85.71	
Neo-natal mortality rate per 1000 live births - (first four weeks)	25.81	17.63	
Illegitimate live births per cent of total live births	5.81	4.74	
Maternal deaths including abortion	-	-	
Maternal mortality rate per 1000 live and still births	-	-	
Total number of deaths	157	740	
Death rate per 1000 population	15.33	13.89	11.5

Area comparability factor for births: 1.18

Area comparability factor for deaths: 0.84

CAUSES OF DEATH

<u>Registrar General's Code Number</u>	<u>Causes of Death</u>	<u>Number of deaths</u>		
		<u>Male</u>	<u>Female</u>	<u>Total</u>
1	Tuberculosis, respiratory	1	-	1
2	Tuberculosis, other	-	1	1
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	1	-	1
10	Malignant neoplasm, stomach	2	2	4
11	Malignant neoplasm lung, bronchus	4	-	4
12	Malignant neoplasm, breast	-	4	4
13	Malignant neoplasm, uterus	-	1	1
14	Other malignant & lymphatic neoplasms	7	2	9
15	Leukaemia, aleukaemia	1	-	1
16	Diabetes	1	1	2
17	Vascular lesions of nervous system	10	11	21
18	Coronary disease, angina	22	14	36
19	Hypertension with heart disease	1	3	4
20	Other heart disease	11	14	25
21	Other circulatory disease	2	2	4
22	Influenza	-	-	-
23	Pneumonia	3	-	3
24	Bronchitis	1	2	3
25	Other diseases of respiratory system	1	1	2
26	Ulcer of stomach and duodenum	1	1	2
27	Gastritis, enteritis and diarrhoea	-	1	1
28	Nephritis and nephrosis	-	-	-
29	Hyperplasia of prostate	-	-	-
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	2	1	3
32	Other defined and ill-defined diseases	8	8	16
33	Motor vehicle accidents	-	1	1
34	All other accidents	5	1	6
35	Suicide	1	1	2
36	Homicide and operations of war	-	-	-
TOTAL		85	72	157

INFECTIOUS DISEASES

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Cholera	--
Diphtheria	--
Dysentery (amoebic and bacillary)	--
Encephalitis	--
Erysipelas	--
Food poisoning	--
Malaria	--
Measles	224
Meningococcal meningitis	--
Ophthalmia neonatorum	--
Paratyphoid fever	--
Plague	--
Pneumonia (acute primary and acute influenzal)	1
Poliomyelitis	--
Puerperal Pyrexia	--
Relapsing fever	--
Scarlet fever	6
Smallpox	--
Typhoid fever	--
Typhus fever	--
Whooping cough	--

TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
0 - 1	-	-	-	-
1 - 2	-	-	-	-
2 - 4	-	-	-	-
5 - 9	-	-	-	-
10 - 14	-	-	-	-
15 - 19	-	-	-	-
20 - 24	1	1	-	-
25 - 34	1	2	-	-
35 - 44	-	-	1	-
45 - 54	-	-	-	-
55 - 64	-	-	-	-
65 - 74	-	-	-	-
75 +	-	-	-	-
TOTAL	2	3	1	-

GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

In addition to the general medical services provided by medical practitioners, the following ancillary services are provided:-

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants and from the consultant obstetrician.
- (b) Infant welfare clinics are held fortnightly at C rdigan, Llandysul and Penrhiwllan, and monthly at Llechryd, Aberporth and Parclyn.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also State Registered Midwives.
- (d) Health visitors are stationed at C rdigan, Llandysul and New Quay.
- (e) Home nursing is in the hands of the district nurses.
- (f) Poliomyelitis vaccination is carried out by the local health authority and immunisation against diphtheria is performed partly by the former and partly by the persons own medical attendant.
- (g) Ambulances are stationed at C rdigan, Llandysul and Lampeter.
- (h) Arrangements for the prevention of illness consist of periodic talks and advice given by the medical officers and the health visitors of the local health authority. Care and after-care is in the hands of the district nurses and of the health visitors. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Home help is provided by suitable persons engaged locally.
- (j) A small general hospital at C rdigan and a larger one at C rmarthen are run under the auspices of the West Wales Hospital Management Committee. Fever cases are brought from the south of the county to the T-nybwelch Isolation Hospital at Aberystwyth and C rmarthen and the services of both are used by medical practitioners in the district.

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948

No action was taken during the year under this section.

INTERNATIONAL HEALTH

In accordance with the International Sanitary Regulations, (World Health Regulations No. 2), to which Great Britain is a signatory power, a number of international vaccination certificates of persons residing in the Teifiside area and proceeding to certain destinations overseas were authenticated in the prescribed manner.

PORT HEALTH AUTHORITIES AND RIPARIAN AUTHORITIES

No foreign-going or coastwise shipping entered the coastal resorts in the Teifiside area during the year. The coastal trade which formerly existed has now come to an end.

DULYN THOMAS

MEDICAL OFFICER OF HEALTH

Cardiganshire Joint District Council,
Swyddfa'r Sir,
(County Office),
ABERYSTWYTH.

May, 1961.

ANNUAL REPORT OF PUBLIC HEALTH INSPECTOR FOR 1960

SEWERAGE

Work on the joint sewerage scheme for Llandyssul (Teifiside Rural District Council) and Pontwelly (Newcastle-Emlyn Rural District Council) was continued during the year.

Sea float tests were carried out along the coast to establish the flow of currents outside the villages of Aberporth, Tresaith and Llangranog to determine the possibility of sewage outflow into the sea from these villages.

The sanitary arrangements and drainage for new dwellings and premises are inspected and tested before being put to use.

FOOD

There are no private or public slaughterhouses in the area. Slaughterhouses that supply the area are situated at Cardigan, Newcastle-Emlyn and Lampeter. There are six meat shops in the area, which are visited regularly and vans inspected whenever opportunity permits.

HOTELS, CAFES AND RESTAURANTS

There are twelve recognised hotels and guest houses in the area, but numerous boarding houses. There is also a great deal of holiday camping and caravanning along the coast during the summer months, when the population is greatly augmented. Special attention is paid to all hotel kitchens, cafes and restaurants and other premises where food is prepared. There are twenty-two cafes in the area, some of which are only open in the summer season.

CAMPING AND CARAVAN SITES

The "Caravan Sites and Control of Development Act" came into force on 31st August, 1960. Thirty applications for holiday sites were received by the end of the year. Joint meetings of the County District Council representatives and the County Planning Authority were arranged to organise a joint approach to the question for the whole county.

ICE CREAM REGULATIONS

There are twelve purveyors of ice-cream in the area all of which sell prepared ice-cream of a well-known make, direct from electric refrigerators. Where electric refrigerators are not available, the use of dry ice is resorted to.

BAKE-HOUSES

There are 5 bakehouses in the area all of which are inspected regularly.

MILK

There are more than one hundred producer-retailers in the area, who supply daily the amounts varying from one or two pints to fifty gallons. All of the producer-retailers supply milk from attested herds. A close watch has been kept on these dealers, especially those supplying to schools.

CLEAN FOOD CAMPAIGNS

There are in the area:-

58 General Food Stores
12 Ice Cream Vendors
6 Meat shops
5 Bakeries
100 (about) Milk Retailers
12 Recognised Hotels and Guest Houses, but numerous Boarding houses.
21 Public Houses
2 Registered Cafes
21 Cafes

Publicity in regard to clean food is maintained by the posting of Clean Food Bills in appropriate places.

NATURE OF VISIT OR INSPECTION

<u>General Sanitation</u>	<u>Number of Visits</u>
Drainage	109
Offensive Trades	19
Tents, Vans and Sheds	23
Factories	6
Bakehouses	7
Public conveniences	14
Refuse collections	15
Refuse disposal	26
Schools	15
Cafes and Restaurants	31
Ice cream regulations	26
Miscellaneous	25

UNDER PUBLIC HEALTH ACTS

Houses inspected	65
Visits paid	79

UNDER HOUSING ACTS

Houses inspected	72
Visits paid	96

OVERCROWDING

Houses inspected	2
Visits	2
Miscellaneous Housing visits	6

NOTICES SERVED UNDER HOUSING ACTS

No. of Informal Notices served	Nil
No. of Informal Notices complied with	Nil
No. of Formal Notices served	Nil
No. of Formal Notices complied with	Nil

NOTICES SERVED UNDER PUBLIC HEALTH ACTS

No. of Informal Notices served	2
No. of Informal Notices complied with	2
No. of Formal Notices served	Nil
No. of Formal Notices complied with	Nil

NUMBER OF HOUSES ERECTED DURING THE YEAR

(a) By Local Authority	1
(b) By Private Enterprise	7

HOUSING (FINANCIAL PROVISIONS) ACT, 1958 (Section 20)

Discretionary Grants

No. of houses inspected	175
No. of Improvement Grants approved during the year	29
Total amount of Grant approved	£10,390
No. of houses, the work of improvement on which was completed during the year	24
Total amount grant paid	£9,843

HOUSE PURCHASE AND HOUSING ACT, 1959 (Section 4)

Standard Grants.

No. of Improvement Grants approved	25
Total amount of Grant approved	£3,051
No. of houses completed	11
Total amount paid	£1,519

REFUSE DISPOSAL

The area is divided into five collecting district, and collections take place once weekly in each of these districts.

The Council possesses one collecting vehicle manned by two men. The number of loads per week average 16, that is about 24 tons. There are three refuse tipping sites. Mileage covered by the lorry during the year was 14,730.

RODENT CONTROL

The Council employs a full-time Rodent Operator. 466 premises were inspected and 630 treated during the year. 57 farms were surveyed. The three refuse tips were treated regularly each month throughout the year and the main sewer at Llandyssul twice during the year. Village streams were also treated when necessary.

Factories Acts 1937 and 1948.

(1) Inspections during the year.

Premises	Number on Register	Number of		
		Inspections	Written Notices	Occupiers prosecuted
(1) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities	4	6	Nil	Nil
(2) Factories not included in (1) in which Section 7 is enforced by the Local Authority.	1	2	Nil	Nil
(3) Other premises in which Section 7 is enforced by the Local Authority (not including offences relating to Outwork)	5	7	Nil	Nil
TOTAL	10	15	Nil	Nil

WATER SUPPLIES

The following is the report of the Engineer of the South Cardiganshire Water Board for the year:

1. The water supply in the Teifiside area has been satisfactory in quantity during the year ended 31st December, 1960. Please see (2) below for quality of water.
2. 56 No. samples were sent to the Public Health Laboratory, Aberystwyth, for analysis, with the following results:-
 - 38 - Excellent
 - 5 - Satisfactory
 - 8 - Suspicious
 - 5 - Unsatisfactory.
3. When an analysis proves to be other than excellent, the reservoir and mains concerned are scoured and chlorinated.
4. I regret that the total number of population supplied from public water mains cannot be given for 1960. A survey of the Board's area is now being undertaken and figures for 1961 will be available for your next report. 97 properties were connected to the Board's mains in your area during the year.

H.E. WILLIAMS

PUBLIC HEALTH INSPECTOR.

Council Offices,
Brynderwen,
Adpar,
Newcastle-Emlyn.

